

Roses are red,
violets are blue



February 2024

The kettle's on,
we're making a brew!



Hearts in Mind

Make a date with Parks in Mind this February. We're celebrating our love of the outdoors with tree planting, wildlife walks, art, craft and star watching. You can see all the dates in the programme below and by visiting [The Parks Foundation](https://www.parksfoundation.org). Follow us on [Facebook](https://www.facebook.com/parksfoundation) for updates

Book by emailing peter@parksfoundation.org.uk or call/text 07458 039397 unless otherwise stated

Monday 5 February 12:00pm-2:00pm Tree love – Shelley Park

Wildlife-friendly tree planting. Learn why and how to plant native trees as we continue our efforts to improve the look and feel of the park for people and wildlife. Feel free to bring a packed lunch if you wish, but we'll have plenty of refreshments, tea and other hot drinks to keep us going.

Please book. Meet Shelley Park, Chessel Avenue, Boscombe BH5 1FG

Tuesday 6 February 11:00am-1:00pm Tree's company - winter tree identification – Kings Park

Tips on identifying trees in winter from their twigs and buds. Join Peter for this fun and informal workshop. If time, please stick around on a short walk around the woods in Kings Park.

Please book. Meet Kings Park Nursery, Kings Park Central Drive, Bournemouth BH7 6LR

Wednesday 7 February 2:00pm-4:00pm Online course: Creativity ~ Nature ~ Wellbeing – Zoom

The fifth of five sessions of our gentle introductory course focusing on creativity, nature and the 5 Ways to Wellbeing. Meet people online, learn simple creative techniques then get outdoors and get creative.

No specialist materials required. Suitable for all levels of experience. **Session 5: give.**

Please note this week is available as a stand-alone taster session for new attendees wishing to book.

To find out more and book your place, please email peter@parksfoundation.org.uk

Wednesday 7 February 7:30pm-8:15pm Cosmic catch up – Zoom

Join us for a cosmic catch up on Zoom for an informal 45 minutes of astronomy with local astronomer, Kate Earl. Using video clips and photos, Kate will show us what we can look forward to when we look up at our February night sky, as well as a summary of the latest space news. We will also be taking a brief look at how our Neolithic ancestors may have utilised the night sky.

To request the Zoom link and find out more, please email peter@parksfoundation.org.uk



Thursday 8 February 2:00pm-4:00pm New course: Lovely lino printing – Shelley Park

A free five-week lino print course. Surrounded by nature, you'll take inspiration for your designs. It's a simple but therapeutic and fun art form in which you carve and print your designs. Each week you'll leave with improved confidence in your creativity and with something you're proud of to take home! You will also develop your skills as we learn new techniques and print on different items. All materials provided. Week one: learn to carve simple lino stamps and print on a tea towel.

Full course dates: Thursday afternoons 8, 15, 22, 29 February & 7 March.

Places limited so please book early by emailing peter@parksfoundation.org.uk

Meet Shelley Park, Chessel Avenue, Boscombe BH5 1FG

Monday 12 February 11:30am-1:00pm Winter warmer walk – Boscombe clifftop & beach

Boscombe beachcombing with Peter and Parks in Mind participants Jan and Tracey. We'll have a potter along the beach, exploring our surroundings and enjoying the winter landscape. With strandline finds, crafty goings-on and a sprinkling of seaside poetry and sounds, we'll create a mini outdoor art gallery.

Please book. Meet Boscombe Overcliff Nature Reserve, opposite Woodland Avenue, Boscombe BH5 2DJ

Tuesday 13 February 2:00pm-4:00pm Stitch café – Kings Park

Ready, steady, sew! Our small and friendly Stitch café with textile artist Gill Coleman. Have a go at craftivism and visible mending or bring along your own sewing projects. All fabrics, threads and equipment provided. Plus, free tea and cake from our crafty pop-up café. All levels welcome, including complete beginners and experienced stitchers.

Please book. Meet Kings Park Athletic Centre, Kings Park, Boscombe, BH1 4NN



Wednesday 14 February 6:30pm-7:30pm Starry-eyed – Boscombe Overcliff Nature Reserve

We love the night sky. Join us on Valentine's Day evening for an hour of astronomy, where we will be looking at the best celestial targets to view through binoculars. If the sky is clear we can look forward to seeing the Moon, Jupiter, coloured stars, and much more. Local astronomer Kate Earl will be on hand to point out some of the lesser-known night sky objects and answer any questions you may have. Bring a pair of binoculars if you can but we will have one or two to borrow and use.

Meet on the clifftop opposite Grovely Avenue, Boscombe BH5 1JB



Thursday 15 February 2.00pm-4.00pm Lovely lino print course – Shelley Park

Week two of this fab and therapeutic five-week lino printing course. Led by Crafter Jo Malyon and joined by Peter from Parks in Mind you will be able to take inspiration from the park for your designs. This week, a chance to develop your lino skills to create a design for a one-colour print greetings card.

Please book. Meet Shelley Park, Chessel Avenue, Boscombe BH5 1FG

Monday 19 February 2:00pm-4:00pm Love lawn – Knyveton Gardens

We're going through a rough patch to improve it for wildlife. Join Peter and Friends of the gardens to give the wildflower lawn some TLC to help it look its best for spring and summer. Together with other jobs around the park, there'll also be plenty of hot drinks to keep us warm and toasty. What's not to love?!

Please book. Meet Knyveton Gardens, Southcote Road, Springbourne, Boscombe BH1 3RY



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Tuesday 20 February 10:30am–12:00pm A winter walk on the wild side – Kings Park

A relaxing wildlife walk perfect for beginners, and anyone interested in finding out more about birds and plants. Join ornithologist and expert naturalist Stuart Clarke and Peter Holloway from Parks in Mind as we head across the park and into patches of woodland in search of winter and early spring wildlife.

Please book. Meet Kings Park, end of Gloucester Road junction with Kings Park Drive, Boscombe BH7 6JD

Thursday 22 February 2.00pm-4.00pm Lovely lino print course – Shelley Park

Week three of our lino-printing course. This week we'll be trying the 'jigsaw' method of two-colour printing. Choose your favourite plant in the park and learn the fun jigsaw technique for making a two-colour print picture. All materials provided.

Please book. Meet Shelley Park, Chessel Avenue, Boscombe BH5 1FG

Monday 26 February 10:30am-1:00pm Fisherman's friends – Fisherman's Walk

It's a date! Join Peter and the Friends of Fisherman's Walk for sociable and fun gardening. We love this pretty park by the sea, especially when the friends serve us tea!

Please book. Meet the pond garden, Fisherman's Walk, Boscombe Overcliff Drive, Boscombe BH6 3SQ

Thursday 29 February 2:00pm-4:00pm Lovely lino print course – Shelley Park

Week four of our lino-printing course. You will learn how to develop your carving skills and create more negative space on your lino to produce a beautiful picture. The course continues in next month's programme - see course flyer for full dates and details.

Please book. Meet Shelley Park, Chessel Avenue, Boscombe BH5 1FG

Peter Holloway

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 [Bournemouth Parks in Mind](#)

